

flip2side

student ministry

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Disciplining Your Children Without Losing Your Cool

Six guidelines for controlling your emotions while verbally correcting your kids.

by Ginger Plowman

I can relate to the frustrations of parenting little ones all day. Been there, done that! I also know how easy it is for mom to lose her cool. I was really struggling one day in particular when my children were younger. Feeling guilty for the harsh words and not-so-sweet tone of voice I had used all day, I decided to write down some guidelines that would enable me to keep myself in check. Perhaps you might benefit from them as well:

Guideline #1: Examine your motives. Am I doing this because my will has been violated or God's will has been violated? Am I correcting my child because he has sinned against God or because his

behavior has caused me some personal discomfort, embarrassment, or trouble?

Our children can sense when they are being violated by impure motives, and God knows the motives of our hearts. If our motive is sinful, we will give reproof in a sinful way and our children will view it as a personal attack or an act of vengeance. This may result in them becoming angry rather than repentant. Pray through your motives before you reprove your child if you feel that they are in question.

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Teen Fast Stats

36% of children between the ages of 11 and 18 have asked their parents to stop checking their mobile devices.
(Digital Awareness UK)

On average, in 2016, well over 500,000 photos were shared every minute on Snapchat.
(Visual Capitalist)

In the News: MTV and Gender-Neutral VMAs

Our culture is changing in terms of gender and identity. The annual MTV Video Music Awards show is no longer going to be offering awards in the Best Female Video and Best Male Video categories. Instead, the network is choosing to use a single gender-neutral category that will be open to both male and female artists. The same was done earlier this year during the MTV Movie and TV Awards. MTV President Chris McCarthy explains the move, saying "This audience actually doesn't see male-female dividing lines, so we said, let's take that down." We live in a world where the binary categories of male and female gender are increasingly blurred and even eliminated. This undermines the biblical narrative on creation, which states that God made humanity in His image, making them male and female. Granted, there are situations where gender is physiologically difficult to determine at birth. But those cases are not the rule. Be sure to teach and embrace God's order and design with your kids.

Latest Research: Millennials and Financial Dependence

Millennials and Financial Dependence There's been a lot of talk lately about the generation known as the Millennials. The people who fall into this generational designation have been born between 1982 and 2004.

Researchers and observers have been noting many marks and characteristics that set the Millennials apart from previous generations. Critics have been especially concerned about how doting parents have mis-shaped Millennials, thereby leaving them entitled and largely irresponsible in adulthood.

Recent research from the Institute for Social Research Transition into Adulthood has found that about 40% of 22-24 year-olds are getting significant financial assistance from their parents. Much of that money goes towards housing and start-up capital. Parents, it's a good thing when we support adult children, helping them to overcome economic difficulties when they are taking strides to move forward and become completely independent. But we should never enable lazy adult children.

Predatory Advertising

The release of a secret internal document from social media giant Facebook has raised new concerns about what's called predatory advertising. The confidential document reveals that Facebook allegedly targeted vulnerable teenagers as young as 14 based on the emotional bent of their Facebook posts. In other words, Facebook looked for teens who needed what they call "a confidence boost" by figuring out when they used certain words in their posts to describe their emotional state. These words include things like defeated, overwhelmed, stressed, anxious, nervous, stupid, silly, useless, and a failure. The information gathered is called sentiment analysis. Facebook would then pass the data on to marketers who would target teens who are feeling especially vulnerable. This kind of marketing exploitation is not at all unusual, but that doesn't make it right. Teach your kids to be careful about what they share online, and to recognize when and how they are targeted.



Source: CPYU

Trending: Sport Supplements

Many of you probably have children and teens who are involved, perhaps even over-involved, in organized sports. In

today's world, playing organized sports is filled with pressure to compete and perform at the highest levels, all while improving your own game in the hope that you might receive accolades and scholarships. The pressures are huge. This has led many kids and their parents to seek an edge through the use of sports supplements. Medical professionals are issuing warnings about the dangers of

sports supplements. First, they are largely unregulated. No independent oversight is given to production and dispensing. Second, there is the potential for muscle damage, including strains, pulls, and tears. And finally, kids rarely follow the recommended dosages, with increases in dosages happening regularly. Parents, relieve the idolatrous sports pressure. We're giving them too much. And, teach them about stewardship and care of their bodies.

Parents on their phones

Sometimes the very same negative cultural trends that concern us about our kids are cultural trends that clench us in their grip. That's what's been shown in a recent survey of 2,000 secondary school students. More than a third of the 11 to 18 year-old respondents said they had asked their parents to stop checking their phone devices. One in every eight claimed their parents were online during meals. Eighty-two percent of the students believe that family meal times should be device-free. And 22% said that devices were stopping their family from enjoying each other's company. Parents, there's a strong message here from our kids. They want our time and our attention. This shouldn't surprise us at all, as God made us to be in relationship with one another within our families. What are you doing to grow your relationship with your kids? If you're faces are buried in your devices, your eyes and ears can't be on your kids



Featured Films: Coming this Fall

Opens Sept. 8, 2017



Cast: Bill Skarsgård, Finn Wolfhard, Sophia Lillis, Jaeden Lieberher, Nicholas Hamilton, Wyatt Oleff, Jack Dylan Grazer, Jeremy Ray Taylor, Chosen Jacobs.

Rated **R** for violence/horror, bloody images, and for language

Plot Summary

When children begin to disappear in the town of Derry, Maine, neighborhood kids band together to square off against Pennywise, an evil clown whose history of murder and violence dates back for centuries.

Opens Dec. 15, 2017



Cast: Adam Driver, Daisy Ridley, Oscar Isaac, Mark Hamill, Carrie Fisher, John Boyega.

No official rating at time of publication, but the creators of this film say it will be darker than "The Force Awakens," so a PG-13 rating seems very likely.

Plot Summary.

Having taken her first steps into a larger world in Star Wars: The Force Awakens, Rey continues her epic journey with Finn, Poe and Luke Skywalker in the next chapter of the saga.

Check out www.pluggedin.com for more information on new movie releases

Other Movies coming to Theaters This Fall

Title	Rating	Red Flags	Genre	Starring
American Assassin Opens Sept. 15	NR	N/A	Action/ Thriller	Dylan O'Brien, Taylor Kitsch, Michael Keaton, Scott Adkins
Flatliners Opens Sept. 29	R	For some bloody images, nudity, and language	Sci-Fi/ Drama	Nina Dobrev, Ellen Page, Diego Luna, Kiefer Sutherland
Blade Runner 2049 Opens Oct. 6	R	Violence, some sexuality, nudity, and language	Sci-Fi/ Thriller	Ryan Gosling, Robin Wright, Jared Leto, Dave Bautista,
6 Below: Miracle on the Mountain Opens Oct. 13	PG-13	Thematic elements, including drug addiction, some disturbing images and brief nudity	Drama	Josh Hartnett, Mira Sorvino, Sarah Dumont, Kale Culley
Justice League Opens Nov. 17	PG-13	Intense sequences of sci-fi violence, action and destruction, and for some	Fantasy/ Action	Ben Affleck, Amy Adams, Gal Gadot, Jason Momoa, Henry Cavill
Jumanji: Welcome to the Jungle Opens Dec. 20	PG	Scenes of mild action violence and scary moments.	Comedy/ Action	Dwayne Johnson, Karen Gillan, Jack Black, Kevin Hart, Missi Pyle

For example, nothing irritates me more than when I am talking to an adult and one of my children interrupts our conversation. However, if I am motivated by sinful anger, I will sin against God and my child when I administer a reproof. My motive should not be revenge because I am irritated or inconvenienced. My motive should be to drive out the rudeness and inconsiderate disrespect from the heart of my child.

If my motive is sinful I might say, "I can't believe you are so inconsiderate. I am trying to talk to her and you are acting so ugly!" But if my motive is righteous rather than selfish I might say, "Honey, do you think it is kind or rude for you to interrupt Mama while she was talking to someone? Are you thinking about others or yourself when you interrupt? What could you have done rather than interrupting?" Always remember to apply Galatians 6:1 when reproofing your child: "Brothers, if someone is caught in sin, you who are spiritual should restore him *gently*" (Emphasis added).

Also, remember that we are to provide our children with a means of escape rather than just rebuking them for wrong. "No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it." (1 Cor. 10:13) Children often feel the sudden urge to communicate something to Mom while she is speaking with someone else. To prevent rude interruptions, our children are required to place their hand on me and wait for me to give them permission to speak. This way, they are not exasperated. After all, when two mommies are talking it can seem like an eternity before there's a pause in the conversation. This can seem unbearable to a small child.

When my children place their hand on my arm (or wherever) they are letting me know in a way that shows respect for me and the other person, "Mom, I need to say something but I don't want to be rude." I will usually place my hand on top of theirs to communicate, "I know you need something, and I'll ask you as soon as there is a pause in conversation." As soon as it is convenient, I will give them permission to talk. This is providing them with a means of escape. Teaching them to put their hand on you rather than interrupting is not a biblical mandate. It is a tool, used to prevent exasperation.

Guideline #2: Examine your life. Have I provoked my child in some way? What is my example? How do I act when things don't go my way? Have I led my child into sin by failing to teach him? By failing to provide him with a means of escape? By failing to train him in what is right? Have I given my child more freedom than he can

handle? We should apply the biblical admonition: "You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye." (Matt. 7:5)

Guideline #3: Choose the right time and place. Do not embarrass your child. He will be more attentive to your instructions if he is not embarrassed because of being reproofed in front of his friends. When you reprove your child in front of others, you take his focus off of the sin in his heart and onto the embarrassment and humiliation that you have unnecessarily caused him. Your goal is not to embarrass him but to bring him to repentance. Occasionally it may be necessary to reprove your child in front of others but most of the time, if others are around, it would be better to take the child into another room or quietly instruct him in his ear. Jesus taught us, "If your brother sins go and reprove him in private; if he listens to you, you have won your brother" (Matt. 18:15).

Guideline #4: Choose the right words. Be careful not to replace God's wisdom with man's wisdom. Rather than using worldly terminology, use biblical terminology. For example, when speaking to your child, don't substitute:

"You are being disrespectful" with "You are acting ugly."

"Telling a lie" with "Telling a fib."

"Being foolish" with "Being stubborn."

"Being disobedient" with "Being strong-willed."

Use biblical terminology when you can because it is the power of God's words and God's wisdom that will truly penetrate the hearts of your children. Hebrews 4:12 explains this power clearly: "The Word of God is living and active; sharper than a double-edged sword; it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Guideline #5: Choose the right tone of voice. Make a conscious effort not to scold your child. You are ready to reprove your child biblically when you can speak to him in a normal tone of voice and with carefully measured words: "The heart of the righteous weighs its answers but the mouth of the wicked gushes evil" (Prov. 15:28). Back in 1891, H. Clay Trumbull wrote about the dangers of scolding:

"Scolding is, in fact, never in order, in dealing with a child, or any other duty in life. To 'scold' is to assail

or revile with boisterous speech. Scolding is always an expression of a bad spirit and of a loss of temper.

“If a child has done wrong, a child needs talking to; but no parent ought to talk to a child while that parent is unable to talk in a natural tone of voice, and with carefully measured words. If the parent is tempted to speak rapidly, or to multiply words without stopping to weigh them, or to show an excited state of feeling, the parent’s first duty is to gain entire self-control. Until that control is secured, there is no use of the parent’s trying to attempt any measure of child training. ...”

Allow me to illustrate the difference between scolding and biblically reproving. It was a cold day in February. My children asked if they could go outside to play. I gave them permission to go out but only after they had put on their coats and shoes.

Now, you have to understand that my daughter, Alex, absolutely delights in being barefooted. As she whizzed by, I confirmed my orders by repeating, “Don’t forget to put on your shoes.”

Twenty minutes passed. Then, as I was taking out the trash, what should I find but Alex, running around on bare feet that had turned a bluish purple color. As if that wasn’t enough to light my fire, her new pants were a little too long for her legs so without her shoes she stepped on them. After grinding the bottom of her pants into the concrete for twenty minutes, she now had two holes in them. It may have been cold outside, but the heat building up in Mama at that moment could have warmed the entire neighborhood.

Alex had directly disobeyed me. There are two ways that I could respond:

I could scold her. I could harshly say, “Alex, I TOLD you to put your shoes on! Now your feet are HALF FROZEN and just LOOK at what you have done to your pants! (With hands on hips and finger wagging frantically) YOUR DADDY works so hard to buy you these clothes, and THIS is how you show your appreciation! You just see how fast you can get your tail in your room! You are getting a major spanking, young lady!”

I could biblically reprove her in love. I can gently say, “Alex, Honey, I told you to put on your shoes before you went out. Have you obeyed or disobeyed Mama?” After she verbalizes that she has disobeyed, I can come back with, “Well, Sweetheart, God says that children are to obey their parents. Mama loves you too much to allow you to disobey. Now, go to your room and I’ll be in there in just a minute.”

To which response do you think she will be more

receptive? Which one shows unconditional love and careful instruction? Which one will she learn from without being provoked to anger? Remember that scolding is an angry response. “A gentle answer turns away wrath but a harsh word stirs up anger.” (Prov. 15:1)

If you struggle with your tone, as I do, rather than reproving your child in a normal tone of voice you can even try and soften your voice a little when you are giving a reproof. When I am in the habit of making a conscious effort to instruct my children in a softer voice than I normally use, it helps me to have self-control.

Guideline #6: Be prepared to suggest a biblical solution. This is what we talked about earlier. We can tell our children what to put off (sinfulness) but we must remember that it is even more important to tell them what to put on (righteousness), to train them in how to replace that wrong behavior with right behavior, and to then have them actually exercise what they have learned. The Bible describes it this way:

“You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.” (Eph. 4:22–23)

By verbally correcting our children in righteousness using God’s Word, we are preparing them to govern their own actions and enabling them to discern matters of their own hearts. We want them to heed our instructions so that they can learn how to discern what is right.

Article found at www.familylife.com

FlipSide Events this Fall

September

8th- Drive In- We will be going to the Holiday Auto Theater. We will meet at church at 6 pm. Bring \$15-20 for ticket and snacks. Movies TBD. Youth must be signed up in the youth room.

23rd- Dare2Share Live- This is an evangelism training conference in Columbus that will be simulcast to 50 plus other churches around the country. We will meet at FFC at 9 am. Bring money for lunch and dinner. Will return around 8 pm. Youth need to sign up in the youth room.

27th- See You At The Pole- Annual event where students meet at their schools flagpole 45 minutes before school to pray. We will be sending a FlipSide leader to each High School to support everyone! Make sure they arrive 45 mins before school. If anyone needs a ride, let us know.

October

7th- Corn Maze- We will be going back to Tom's Corn Maze. Meeting at FFC at 5:30 pm. Bring money for dinner (fastfood). Maze ticket cost is \$9. We will return around 10:30 pm.

20th-22nd- Fall Retreat- We will be going to Lakeview Villages in Seymour, Indiana again. This years theme is Pause. We will be taking time to dive into God's Word, worship, pray, do service projects, kayak, rock wall climbing and more! Cost is \$55 in September and \$65 in October. Pick up a registration packet in the youth room. Encourage your teen to invite some friends!

November

4th- Movie Night- We will be having a movie night at Pastor Josh's house. Pizza and drinks will be provided. Starts at 6:30 pm. Movie TBD.

26th- No FlipSide

December

8th- Christmas Party- Christmas Party starts at 7 pm. Bring a white elephant gift! Snacks provided.

24th- No FlipSide

27th- Ice Skating- Fountain Square. Meet at FFC at 6 pm. Bring money for dinner and tickets. We will return to FFC around 9:30 pm.

31st- No FlipSide

Coming in 2018

Lockin- Jan. 14

Disciple Now Retreat- Feb. 16-18

Grad Banquet- May 19

Mission Trip- July 8-13

What are we learning at FlipSide?

Sept. 17: Crazy Love Study- Session 1

Sept. 24: Crazy Love Study- Session 2

Oct. 1: Crazy Love Study- Session 3

Oct. 8: Crazy Love Study- Session 4

Oct. 15: Crazy Love Study- Session 5

Oct. 22: No FlipSide

Oct. 29: Crazy Love Study- Session 6

Nov. 5: Crazy Love Study- Session 7

Nov. 12: Crazy Love Study- Session 8

Nov. 19: Crazy Love Study- Session 9

Nov. 26: No FlipSide

Dec. 3: Crazy Love Study- Session 10

Dec. 10: Mary's Relationship to the Father- Luke 1

Dec. 17: Jesus, Joseph & Mary, and some shepherds- Luke 2

Dec. 24: No FlipSide

Dec. 31: No FlipSide

S E P T E M B E R 2 0 1 7

S U N	M O N	T U E	W E D	T H U	F R I	S A T
					1	2
3 SS @ 9:30 am FlipSide @ 6	4	5	6	7	8 Drive-In @ 6 pm	9
10 SS @ 9:30 am FlipSide @ 6	11	12	13	14	15	16
17 SS @ 9:30 am FlipSide @ 6	18	19	20	21	22	23 D2Share Live @
24 SS @ 9:30 am FlipSide @ 6	25	26	27 See You at the	28	29	30

O C T O B E R 2 0 1 7

S U N	M O N	T U E	W E D	T H U	F R I	S A T
1 SS @ 9:30 am FlipSide @ 6 pm	2	3	4	5	6	7 Corn Maze @ 5:30 pm
8 SS @ 9:30 am FlipSide @ 6 pm	9	10	11	12	13	14
15	16	17	18	19	20 Fall Retreat	21 Fall Retreat
22 Fall Retreat No FlipSide	23	24	25	26	27	28
29 SS @ 9:30 am FlipSide @ 6 pm	30	31				

NOVEMBER 2017

S U N	M O N	T U E	W E D	T H U	F R I	S A T
			1	2	3	4 Movie Night @ 6:30 pm
5 SS @ 9:30 am FlipSide @ 6	6	7	8	9	10	11
12 SS @ 9:30 am FlipSide Bonfire@ 5 pm	13	14	15	16	17	18
19 SS @ 9:30 am FlipSide @ 6	20	21	22	23 Thanksgiving Day	24	25
26 SS @ 9:30 am FlipSide @ 6	27	28	29	30		

DECEMBER 2017

S U N	M O N	T U E	W E D	T H U	F R I	S A T
					1	2
3 SS @ 9:30 am FlipSide @ 6 pm	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 No FlipSide 31 No FlipSide	25	26	27 Ice Skating @ 6 pm	28	29	30